

LEARN PLAY GROW



POWER OF PLAY



## Welcome to the power of play!

My name is Rebecca, and I am passionate about the power of play! Play is the birthplace of who we hope our children will become. Play is how children learn to be curious and creative and to communicate and collaborate.



## Making the Magic

How do we make the magic? Play can sometimes feel less than magical for grown ups. This guide gives you the strategies you need to maximize the power of play for building connection, supporting communication, and enriching learning in your family. It will help YOU have fun at play, too!



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## **Wait, Watch, and Wonder**

Stop, look, and listen to how your child experiences play. Follow your child's lead, and build on their interests through play. See what your child sees. Wonder what your child is wondering about. This is the magic of building connection!



## **Notice and Narrate**

Notice your child's effort and narrate with encouragement such as "You are trying different ways to open the barrel of monkeys. You are doing it!" or "The Play-dough is stuck. What a good challenge!" This is the magic of supporting confidence and problem-solving.





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## **Get Curious and Creative**

Use curiosity statements like “I wonder why the Magna-Tiles stick together” to spark curiosity. Use creativity to make pretend food feasts, build animal habitats, and act out favorite stories. That is the magic of igniting curiosity and creativity!



## **Remember Relationships**

Relationships are the foundation for learning. They are the context for the content. Above all else, remember that play is an investment in your relationships. Play is how you connect with your child and how your child connects with their greatest potential.



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## Want to Learn More?

You deserve to feel confident as a parent and as your child's first teacher! Learn Play Grow is here to help you build on your strengths and shine. Because when you shine, you can light up your child's world with wonder and play.



## Let's Connect!

Learn Play Grow supports families with young children through play-based learning, parent coaching, and developmental support at home, at school, and in the community.

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